

# HAMPTONS

August 1 – August 7, 2008

## What's Your Pleasure?

Reward yourself with these feel-good products—because if you're not happy, we're not happy.

### DRINK UP!

After a serious workout, a little hydration always hits the spot. These three brand-new bottled waters satisfy the craving without sabotaging your gym time.

Using Australian flower essences to merge homeopathy with hydration, and with four different varieties—Women, Children, Traveling, and Mind—**Balance Water** promises to provide calm and focus. Available at *Second Nature Market*, 70 Main Street, Southampton, 283-8117.—L.L.

Flowing from a glacier formed during the last Ice Age, **AquaDeco** ranks among the highest-quality waters on earth and comes in a bottle shaped like a classic Art Deco building. Somewhere, Erte is jealous he didn't think of it first. Available at *Bob's Village Market*, 2209 Montauk Highway, Bridgehampton, 537-6036.—L.L.

Looking for something sweet yet light? Try **Hint Essence Water**. With no calories, carbs, or artificial sweeteners, this fruity water comes in 13 flavors, including mango-grapefruit and pomegranate-tangerine. Available at *Citarella*, 2 Pantigo Road, East Hampton, 726-3636.—J.G.

